



# Vision Training Program

Training your eyes and brain to function at a higher level is all about improving your visual skills to achieve your goals. There exists a continuum where normal is in the middle, deficiencies require problem-focused vision training just to achieve normal, and vision training can take you beyond normal into visual performance. We've identified the best visual skills tests to evaluate eye movements, depth perception, visual processing and concentration along with eye teaming and hand-eye/foot-eye coordination with reports that compare your results to that of your peers. Your visual system depends greatly on your ability to locate a target, interpret information efficiently, and move to the next task effortlessly and without wasted steps. Whether it's to advance your reading in the classroom or achieve high-performance visual skills like a professional athlete, vision training works like physical training: what you get out is proportional to what you put into the program. Your trainer is here to guide you on the proper exercises that will get you to your goals, assess your visual skills along the way, and provide a foundation that you can continue to perform long after you are done using our specialized in-office tools. We use the same advanced tools as professional athletes, elite military units, and vision therapists to improve visual skills and track your improvement far into the performance end of the continuum.

Guarantor's Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Patient's Name: \_\_\_\_\_

What is included?	What's NOT included?
One 30-minute session weekly including a monthly Vision Training Evaluation to check progress.	Additional sessions beyond 30-minutes per week sold separately: \$78 per half-hour or \$128 per hour
Home therapy tools that best suit your needs + an iHealth Wellness Exam at annual exams while enrolled in Optimize VTP (up to a \$98/year value)	Eye care or eyewear materials that may be partly paid by medical insurance or wellness vision plans nor the Annual Comprehensive Eye Exam
Remote training at home supplementing in-office vision training tools.	Electronic digital devices used to for home training.

Program	Enrollment fee	Monthly fee	Details
<b>Optimize</b> 	\$198	\$154	Includes all listed above under "What is included?" Cancel or change any time with <b>30 days written notice</b>
<b>Maintain</b> 	\$148	\$84	Maintenance training on digital device remote programs + <u>2 way doctor portal</u> , no in-office training or evaluation. Cancel or change any time with <b>30 days written notice</b>