

4SIGHT iCARE PATIENT FORMS

PATIENT'S NAME: _____

**-if a minor,
GUARDIAN'S NAME & RELATION:** _____

To acknowledge that the "Notice of Privacy Practices" is available to you, **initial here:** _____

Receiving care from another eye doctor? No Yes (Name): _____

PRIMARY CARE PHYSICIAN & PHARMACY

Doctor Name: _____ Practice Name: _____

Office Phone: _____ Office Fax: _____

Pharmacy (name & location): _____

REASON(S) FOR VISIT (CHECK ALL THAT APPLY):

Annual Eye Exam Eyeglasses Contact Lenses Medical Office Visit

THE iHEALTH WELLNESS EXAM:

At 4Sight iCare our mission is to help you SEE YOUR BEST. This means we endeavor to educate ways to protect your eyes & preserve healthy vision throughout your lifetime, provide a wide range of vision correction options from vision shaping retainers to the most modern multifocal lenses, invest in the most advanced equipment to evaluate and manage your eyes, and optimize your visual performance through ocular nutrition and/or vision training when appropriate. We bundle several screenings together to identify ways we can help beyond 20/20 that some but not all insurances cover completely at a \$0 copay. The tests performed are determined by a number of factors: 1) only age appropriate tests approved by your eye doctor, 2) only CPT coded tests not billable to medical insurance on the same visit, 3) any insurance coverages/discounts applied, and 4) all advanced instrumentation deemed necessary by your eye doctor to provide you comprehensive eye care. Prior to insurance the cost is up to \$97.

I am the responsible party for this patient account: Yes No (Name): _____

I authorize and request my insurance company pay directly to the doctor insurance benefits otherwise payable to me for any covered services that can be submitted to my carrier.

I acknowledge that whenever possible, medical insurance will be billed for medical office visits along with any associated procedures and that wellness visits will be billed to vision plans.

I understand that my insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my behalf or on behalf of my dependents.

SIGNATURE: _____ **DATE:** ___ / ___ / ___

Give your i-Care visit some 4-thought

CHECK ALL DISTANCES YOU WEAR GLASSES/CONTACTS:

Far Reading Computer None

How is your vision **with** your preferred vision correction at each distance?

Far: Acceptable May need improvement Blurry
 Near/Read: Acceptable May need improvement Blurry
 Computer: Acceptable May need improvement Blurry

CHECK ALL THAT APPLY OVER THE PAST 3 MONTHS: score: (____)

In the last 3 months, how often have you experienced:	Constantly (3)	Daily (2)	Weekly (1)	Never (0)
Eye discomfort or itch?				
Burning sensation?				
Gritty/sandy sensation?				
Eye redness?				
Watery eyes?				
Fluctuating vision?				

CHECK ALL THAT YOU'RE EXPERIENCING NOW:

	Eye pain		Eyestrain		Headache
	Double Vision		Burning		Discharge
	Poor Night Vision		Bothersome Glare		Light Sensitivity
	Total Vision Loss		Other: _____		None of these

Indications for dilation include but are not limited to the following: pertinent family/personal medical history, recent eye/head injury, or abnormal tests results. Not having a dilated eye exam when indicated and/or failing to attend a medical eye care visit may be detrimental to your health and vision.

Dilation is an important part of an eye exam. It opens the pupil to better evaluate eye health, but it has temporary side effects: Light sensitivity & blurred near vision that may last up to six hours. Please, only drive once comfortable with your vision.

Pupil dilation is not recommended for patients who are pregnant, nursing, or allergic to the dilating agents (proparacaine, phenylephrine/hydroxy-amphetamine hydrobromide, & tropicamide).

Initial which best represents your wishes:

_____ **NO** dilation eye drops today. If medically indicated, I shall schedule it to be done.

_____ **Discuss** dilation with my doctor **if medically indicated.** This may add up to 35 minutes.

PERSONAL INFORMATION & DEMOGRAPHICS

Preferred Name: _____ DOB: ____ / ____ / ____

Street Address: _____ Sex: Male _____ Female _____

City/State: _____ / _____ Zip Code: _____

Occupation: _____ Hobbies: _____

Dominant hand: Right Left Sports you enjoy: _____

Preferred Number: _____ Mobile (text OK) Home Work

Email (PHR login): _____

Approximate height in feet & inches: _____' & _____" and weight in pounds: _____ lbs

Would you like to know if you are a good candidate for vision correction **without** eyeglasses, contact lenses, or eye surgery? Yes No

List any eye health concerns due to conditions of a grandparent or distant relative?

No Yes, details: _____

FAMILY HISTORY:

	None	Dad	Mom	Brother	Sister	Son	Daughter
Cancer:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unspecified Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Type 1 Diabetes:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Type 2 Diabetes:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Blood Pressure:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hyperthyroidism (high):	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hypothyroidism (low):	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cataract:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Macular Degeneration:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Glaucoma:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

SOCIAL HISTORY:

Do you drink alcohol? No Socially >2drinks/day >5/day

Do you use recreational drugs? No Yes, details: _____

Are you a current smoker? No Yes, how many cigarettes?

< 4 cigs/day <1pack/day 1-2 >2

If you used to smoke, for many years? _____ & how long ago did you quit? _____

COMPREHENSIVE REVIEW OF SYSTEMS (PERSONAL HEALTH HISTORY)

Constitution: ___ None known ___ Developmental Disabilities ___ Cancer ___ Fatigue Syndrome ___ Other:	Respiratory: ___ None known ___ Asthma ___ Bronchitis ___ Emphysema ___ Chronic Obstruction ___ Sleep Apnea ___ Other:	Integumentary: ___ None known ___ Eczema ___ Rosacea ___ Psoriasis ___ Herpes Simplex / Cold Sores ___ Herpes Zoster / Shingles ___ Other:		
Ear / Nose / Throat: ___ None known ___ Hearing Loss ___ Sinusitis ___ Dry Mouth ___ Laryngitis ___ Other:	Gastrointestinal: ___ None known ___ Crohn's ___ Colitis ___ Ulcer ___ Acid Reflux ___ Celiac Disease ___ Other:	Endocrine: ___ None known ___ Type 2 Diabetes Mellitus ___ Type 1 Diabetes Mellitus ___ Thyroid Dysfunction ___ Hormonal Dysfunction ___ Other:		
Neurological: ___ None known ___ Multiple Sclerosis ___ Epilepsy ___ Cerebral Palsy ___ Tumor ___ Stroke ___ Migraine ___ Autism Spectrum Disorder ___ Other:	Genitourinary: ___ None known ___ Kidney Disease ___ Prostate Disease / Cancer ___ Benign Prostatic Hypertrophy ___ Pregnant or Nursing ___ Herpes ___ Chlamydia ___ Other:	Hematologic / Lymphatic: ___ None known ___ Anemia ___ Large-volume blood loss ___ Ulcer ___ High Cholesterol ___ Other:		
Psychiatric: ___ None known ___ Depression ___ Attention Deficit ___ Anxiety Disorder ___ Bipolar Disorder ___ Other:	Musculoskeletal: ___ None known ___ Arthritis ___ Fibromyalgia ___ Muscular Dystrophy ___ Ankylosing Spondylitis ___ Osteoporosis ___ Gout ___ Other:	Allergy / Immunology: ___ None known ___ Rheumatoid Arthritis ___ Lupus ___ Sjogren's Syndrome ___ Other:		
Cardiovascular: ___ None known ___ Hypertension (high blood pressure) ___ Aneurysm ___ Heart Disease ___ Vascular Disease ___ Congestive Heart Failure ___ Other:	Allergies (drug & environmental): ___ None known _____ _____ _____ _____	Current Medications: ___ None known _____ _____ _____ _____ _____ _____ _____		
Eyes: ___ None known ___ Cataract ___ Glaucoma ___ Macular Degeneration			___ Dry Eye Disease ___ Retinal Detachment ___ Worsening floaters ___ Flashes of light	___ Refractive Surgery (LASIK) ___ Cataract Extraction ___ Corneal Transplant ___ Strabismus (cross-eye) Surgery